

# Specialized testing from your local laboratory!

*PM Monitor helps you safely and appropriately manage pain treatment.*

PM Monitor provides objective data to help you better manage your patients' chronic pain while minimizing practice risk. Our interpretive reports give you the information you need to determine if your patient is compliant with taking the medication as prescribed. Identifying recent use of unauthorized and illicit drugs protects your practice from patients who may be "doctor shopping" or diverting their prescriptions.

[www.paml.com](http://www.paml.com)



## Why Pain Management Monitoring?

- ▶ Patients taking legally prescribed controlled medications may be combining prescriptions from multiple prescribers, putting them at risk for overdoses and accidents.
- ▶ Patients who use drugs-of-abuse are more likely to abuse pain medications, to divert medications for financial gain, or to fund an addiction to legal or illegal drugs.
- ▶ Patients who use drugs-of-abuse are at a higher risk of combining such use with the legal drugs you prescribe, putting them at risk for overdoses and accidents.
- ▶ Patient self-reporting is frequently unreliable.

### Panel Options

Four drug panels tailored for pain management provide physicians with the options they need for their patients. Single drug tests can also be ordered individually or added to one of the panels for even greater flexibility.

### Detection Thresholds

To provide longer detection time after drug use, PM Monitor detection limits are set at thresholds appropriate for the class of drugs and are lower than the detection rates used by other standard drug testing panels.

### Technology

PM Monitor's panels utilize immunoassay, gas chromatography mass spectrometry (GC/MS), and liquid chromatography tandem mass spectrometry (LC-MS/MS) to selectively detect nine common drugs of abuse: stimulants, sedatives, hypnotics, and ten opiates and opioids.

### Easy-to-Use Requisition

It is important when ordering tests to clearly communicate to the laboratory the pertinent clinical information about each patient. In the case of the PM Monitor panels, any prescription pain medication taken by the chronic pain patient is a crucial element for an accurate interpretive report. Our PM requisition makes it easier to provide this critical medication information.

### Interpretive Reports

PM Monitor provides an interpretive report that allows physicians to quickly and accurately determine whether the test results are consistent or discrepant with patient prescriptions. These reports are based on prescribed medications that are indicated on the PM Monitor requisition. This comprehensive report also provides quantitative results for any drugs identified.

We offer multiple methods of accessing test results: faxed, web-accessed, or interfaced.

### Expertise

Toxicology experts are always available to answer questions that help physicians make the right decisions for their patients.

### Payers

Our contracts with an array of insurance carriers makes billing easy and efficient. We will bill all commercial insurance plans, workers compensation carriers, motor vehicle accident plans, government plans including Medicare, and select state medical assistance programs. We'll also work directly with patients to resolve any issues that may develop related to paying for PM Monitor.

Creating and implementing a proper pain management program in your practice should not be a "one-size-fits-all" endeavor. Stable, long-term patients have different monitoring needs than erratic individuals who exhibit behaviors such as diversion, drug-seeking, and non-compliance.

Whether you have a small clinic and are just considering pain management testing, or currently offer an experienced pain management program, we have multiple options and tools to help you effectively manage your patient's pain.



PROVIDENCE HEALTH & SERVICES  
CATHOLIC HEALTH INITIATIVES

Our SAMHSA-certified Toxicology Department has long been recognized for their drug testing proficiency, laboratory excellence, and compliance toxicology testing services. Building on that expertise, we have implemented a specialized pain management testing program to help physicians prescribe with confidence.



## Pain management drug tests vs. standard drug testing

- Standard drug testing methods are not designed to detect low levels of medications like Oxycodone, Methadone, and Fentanyl.
- Standard drug testing typically uses Workplace Drug Testing cutoffs (levels that determine the presence/absence of a drug). These cutoffs are too high to meet clinical needs.
- Standard drug testing only evaluates a “class” of drugs while pain management testing indicates which specific drug is present.
- Standard drug testing results do not provide the clinical information necessary to monitor prescription compliance.



## PM Monitor offers:

### Leading Technology

- GC/MS & LC-MS/MS methodology
- Reliable & accurate objective data
- Detect low levels of prescription and illicit drugs
- Quantitative analysis
- Validity testing on all samples

### Specialized Testing Options

- Four carefully constructed panels
- Confirmation on positive screens
- Individual compliance tests

### Professional Consultation

- Professionally interpreted results
- Correlation of results to patient medications
- Comprehensive, easy-to-read reports
- Patient specific consultation

### Other Services

- 24 hour client services
- Patient-friendly prices
- Fast turn-around time
- Multiple reporting options – web accessed, faxed, interfaced

## Your Laboratory Partner For Drug Monitoring in Pain Management

Approximately 80 million people in the United States suffer from chronic pain. It is a serious medical condition that impacts every facet of a patient’s life. Significant potential for misuse, abuse, and diversion creates a challenge for physicians offering pain medication treatment.

Quality drug testing helps balance the patient’s needs with the potential risks of abuse by monitoring patient usage as prescribed and helps prevent the sale of narcotics to the general public.

The most accurate way to confirm what pain medications a patient is taking is through a comprehensive drug panel. These drug panels provide clinicians with an objective measure of treatment efficacy, as well as information about a patient’s treatment adherence and possible drug use problems.



*For more information,  
please contact your  
local marketing representative.*

